

Let Me Strengthen You

By Helping You Live Emotionally with One Another

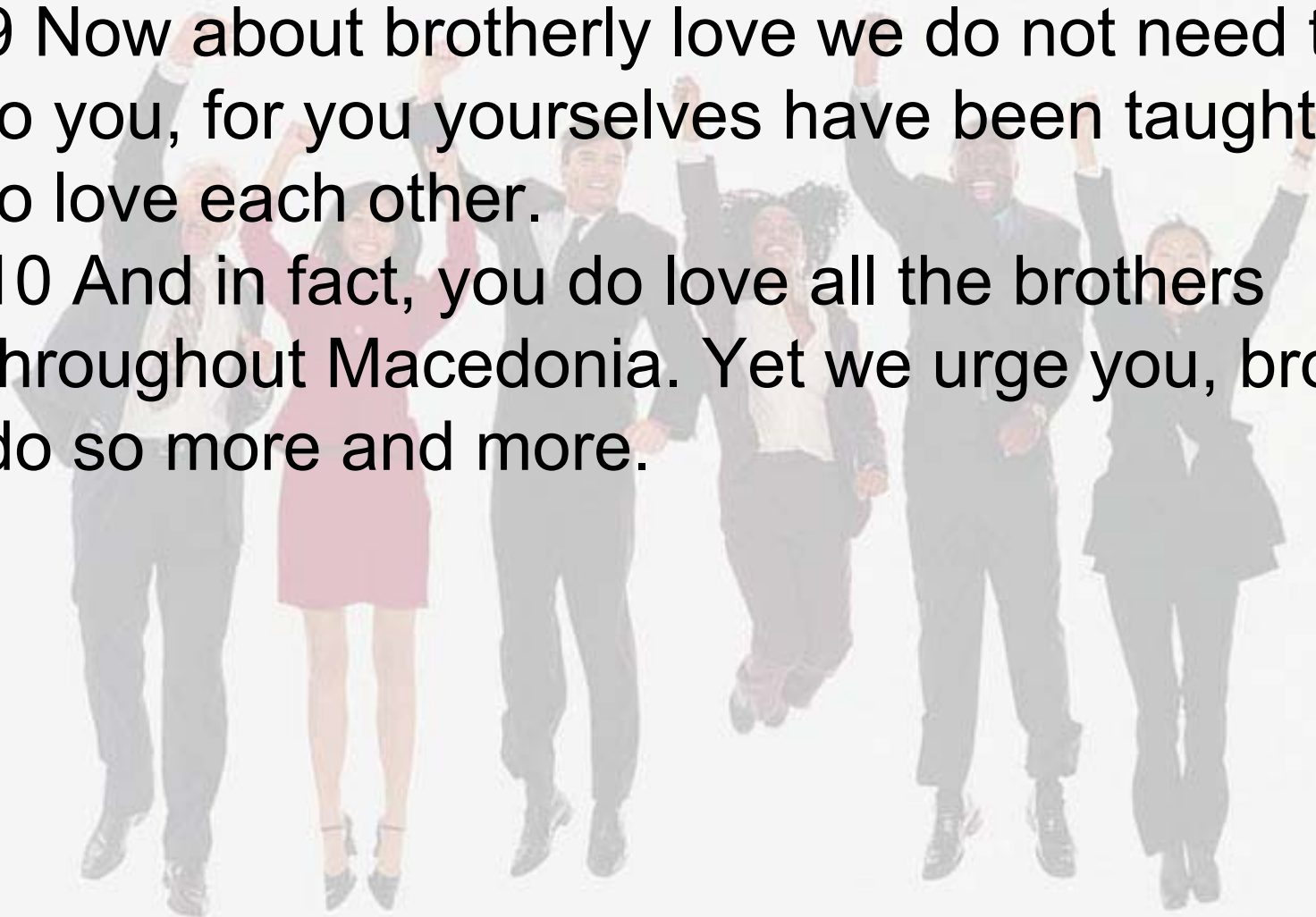


Living Emotionally with One Another

- 1 Thessalonians 4:9-12

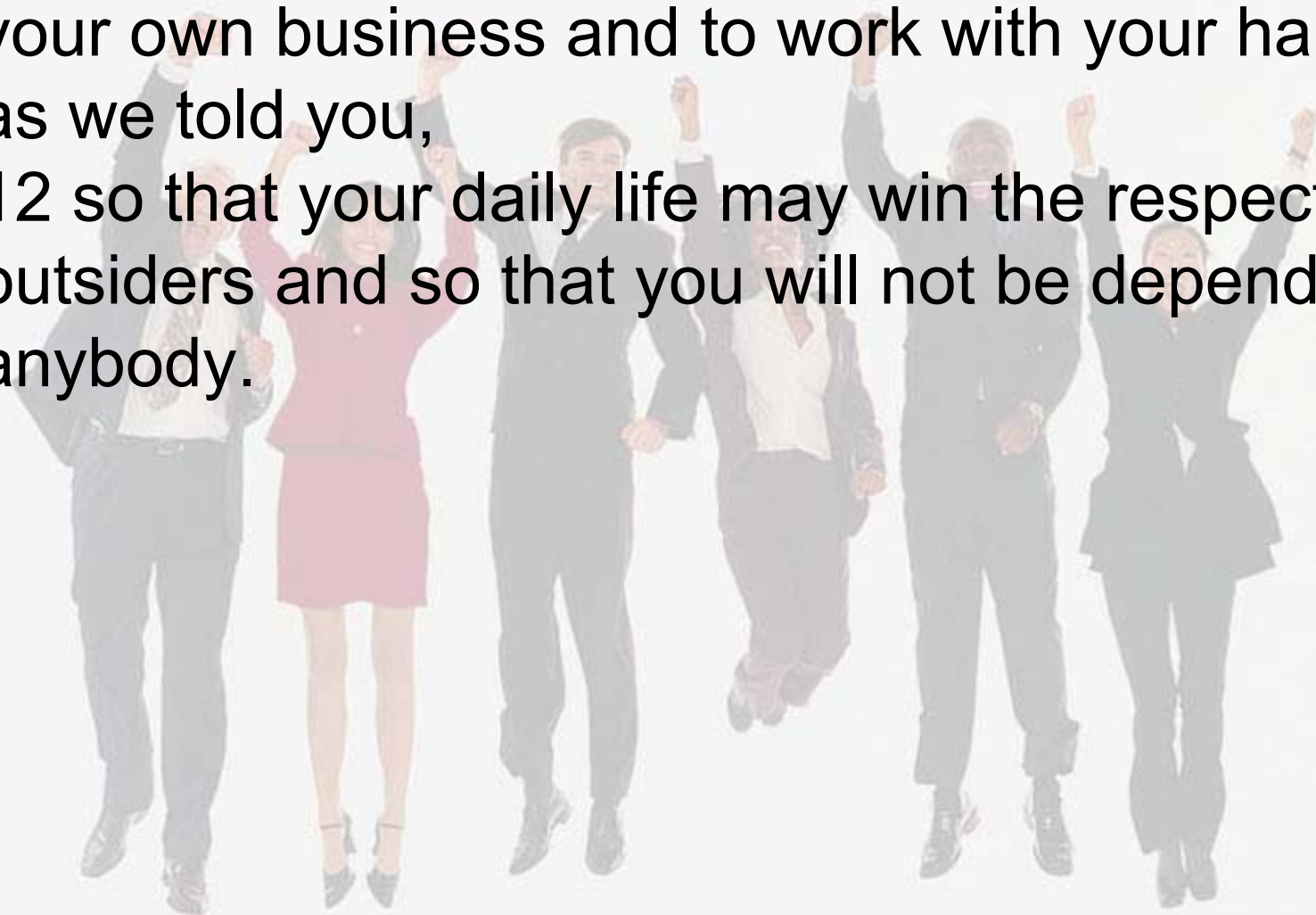
9 Now about brotherly love we do not need to write to you, for you yourselves have been taught by God to love each other.

10 And in fact, you do love all the brothers throughout Macedonia. Yet we urge you, brothers, to do so more and more.



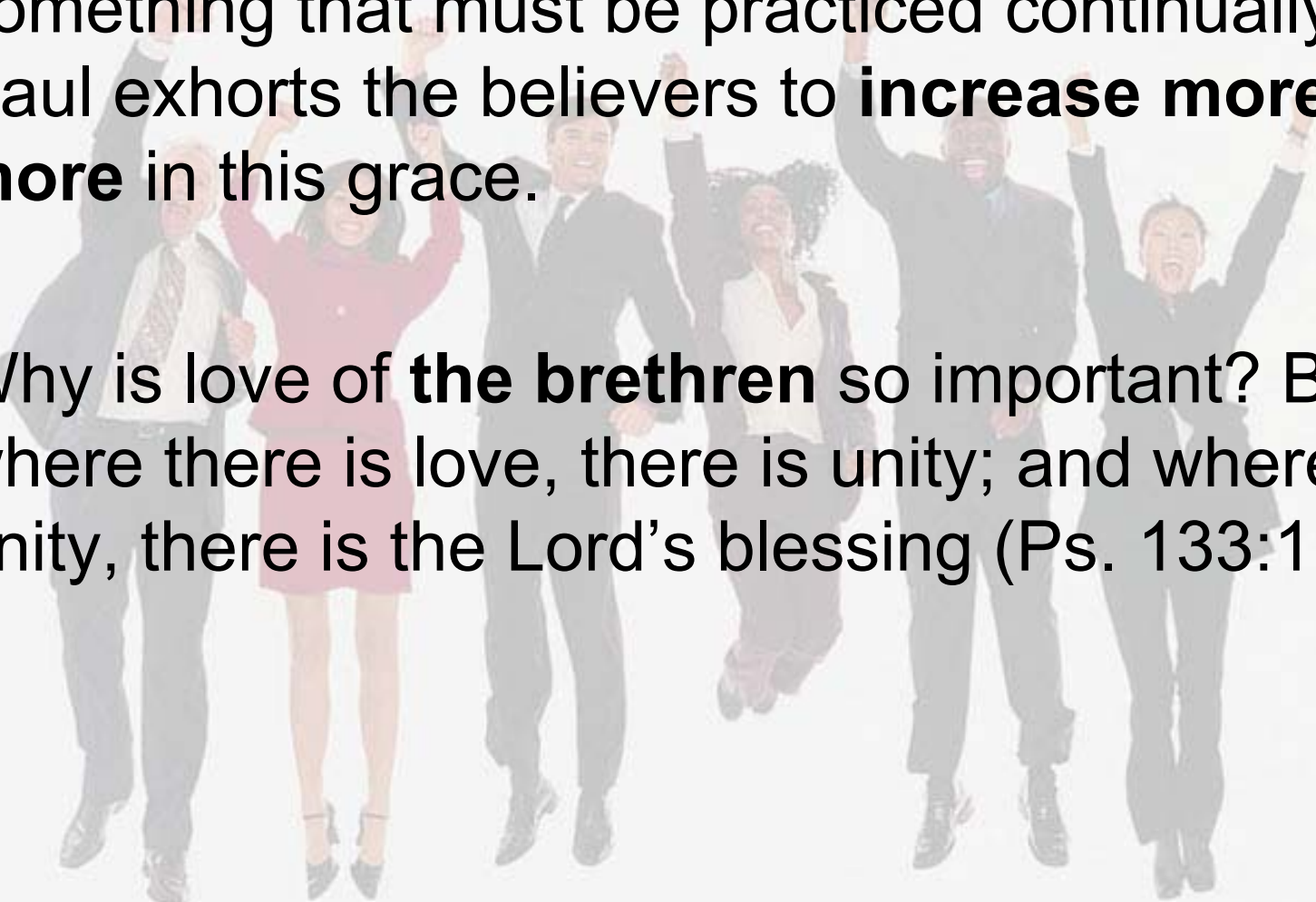
Living Emotionally with One Another

- 11 Make it your ambition to lead a quiet life, to mind your own business and to work with your hands, just as we told you,
12 so that your daily life may win the respect of outsiders and so that you will not be dependent on anybody.



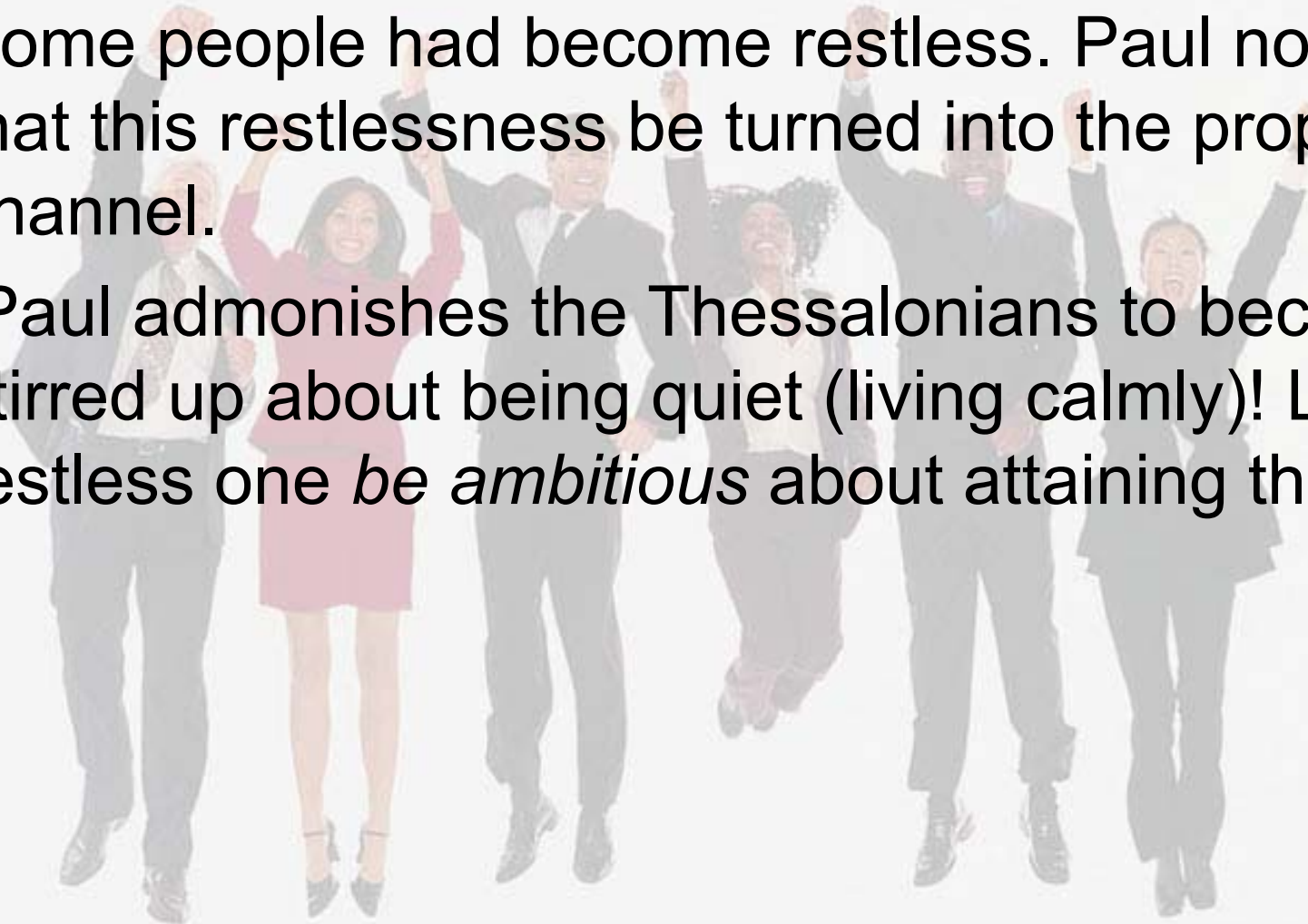
3 Patterns of Christian Emotional Life That Bring Stability in Our Lives

- Brotherly kindness is not an achievement; it is something that must be practiced continually, and so Paul exhorts the believers to **increase more and more** in this grace.
- Why is love of **the brethren** so important? Because where there is love, there is unity; and where there is unity, there is the Lord's blessing (Ps. 133:1, 3).



1. The Stability of Quietness

- Some people had become restless. Paul now urges that this restlessness be turned into the proper channel.
- Paul admonishes the Thessalonians to become all stirred up about being quiet (living calmly)! Let the restless one *be ambitious* about attaining this goal.



2. The Stability of Privacy

- **12 entries found for *busybody*.**
- noun **Definition:** snooper
- **Synonyms:** backseat driver, bluenose, butt-in, buttinsky, chatterbox, eavesdropper, fink, fussbudget, gossip, intermeddler, intriguer, intruder, kibitzer, meddler, newsmonger, pragmatist, pry, rubberneck, scandalmonger, snoop, snooper, talebearer, tattletale, troublemaker, yenta
- **Source:** *Roget's New Millennium™ Thesaurus, First Edition (v 1.0.5)*
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3. The Stability of Diligence

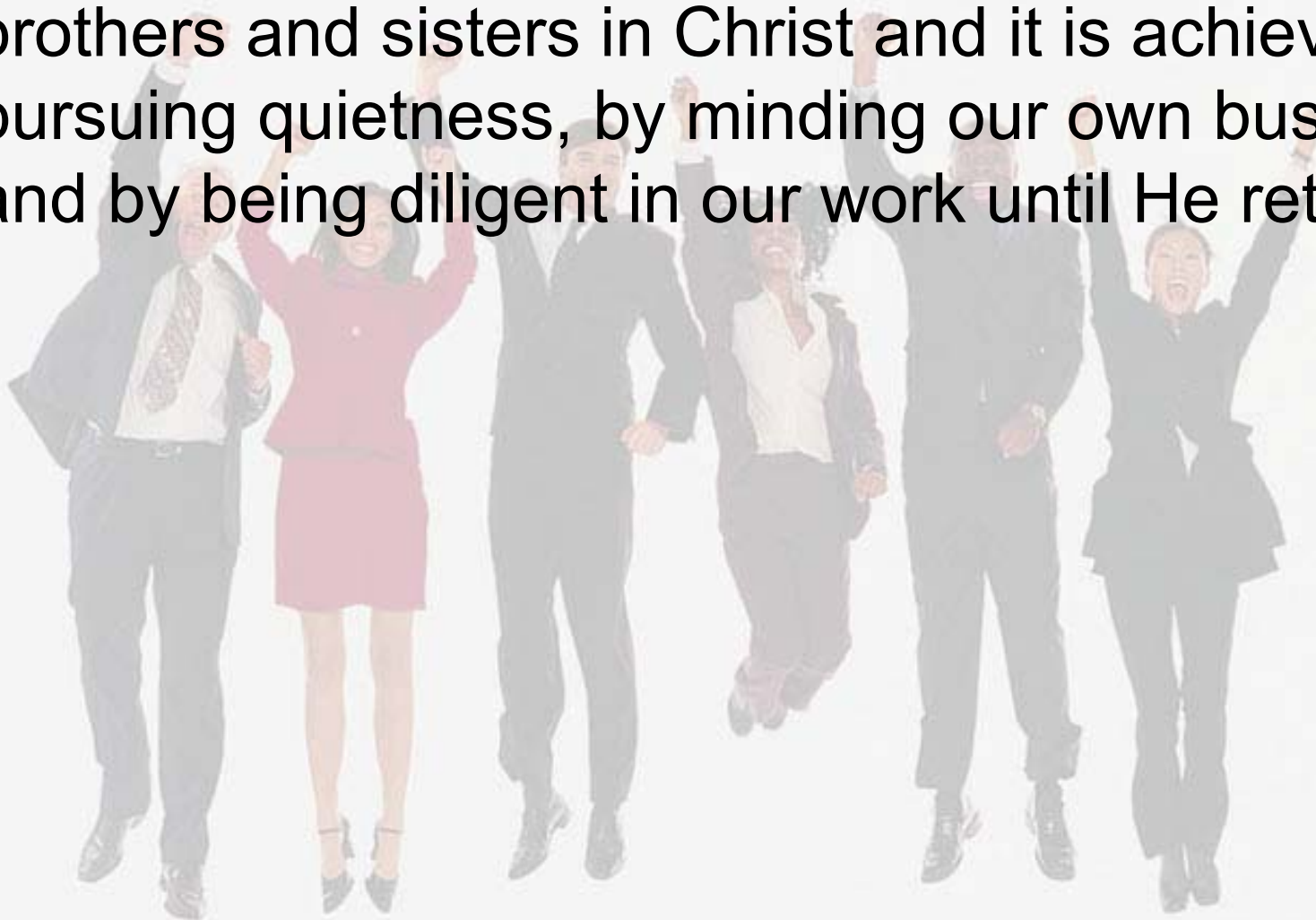
- 1 Thessalonians 2:9

Surely you remember, brothers, our toil and hardship; we worked night and day in order not to be a burden to anyone while we preached the gospel of God to you.

The Thessalonian converts were of the working classes. Their expectation of the immediate coming of Christ led some enthusiasts among them to neglect their daily work and be dependent on the bounty of others. The expectation was right in so far as that the Church should be always looking for Him; but they were wrong in making it a ground for neglecting their daily work.

Conclusion

- Emotional stability is an act of love towards our brothers and sisters in Christ and it is achieved by pursuing quietness, by minding our own business, and by being diligent in our work until He returns.



Assessment



What has God been speaking to you today?

What is it that should change in your lifestyle?

